

Jennifer Holliday,

Grammy and Tony award-winning singer
who has recovered from depression

*"Singing was my life—
until sadness and despair took over.
My doctor said I was depressed...
Then I learned that treatment can help.*



Now, I love singing again."

"I was blessed with a gift for singing. My love of music brought me worldwide fame, including Grammy and Tony awards for the Broadway show 'DreamGirls.' But I'd lost interest in singing and in life. All I wanted to do was stay in my room and cry."

Success does not protect you from depression—because depression is a medical condition. About 1 in 6 Americans will experience depression in their lifetimes—affecting their jobs, families, and lives. Treatments, such as psychological therapy and antidepressant medicines, can help relieve depression. Treatment offers hope—it has been shown that most people who receive treatment get better. Through patient education and research and development of drug therapies, Pfizer is helping millions of people realize that there is help for depression.

If you'd like to learn more about depression, talk to your doctor. For free, confidential information about depression, its symptoms, and its treatment, please call: 1-888-549-9422 Ext. 12. www.depression-info.com.